# The Gathering

Preparing the Planet for Ascension

# By

## **Don Durrett**

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## **Books by Don Durrett**

**A Stranger From the Past** 

**Conversations With an Immortal** 

**Finding Your Soul** 

New Thinking for the New Age

**Spirit Club** 

Finding Your Soul Workbook

**Last of the Gnostics** 

**The Gathering** 

Evolve is the mystery, love is the key,

Evil is the history, live to be,

Hate is the pain that saddens the heart,

Hearsay is the heresy that kills love before it starts.

We are the ones, we have always been,

We were too afraid to stand, now we fear not to,

Time has taken over, love is on the rise,

The fire burns in our hearts and light shines from our eyes.

Stand united as the darkness falls away,

Stand strong in heart and love never fades away,

Stand for love or fall into the trap of ignorance and greed,

A journey of no return, what you sow you will always reap.

Time to help awake those still asleep,

Help them see their dreams are more true than fear,

Help them to their hearts and keep their minds clear,

We do this with a laugh, a smile and loving honest cheer.

So raise a glass of mead like the old times,

Sing and dance as the darkness revives its crimes,

Let the love in your heart shine,

and all will be fine.

- Tor Webster

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#### Introduction

This book is a fictional story, although many of the events depicted are close to the truth. For instance, the title of this book is a real event. There is a gathering taking place today. This gathering is occurring because advanced souls have been called to volunteer in what can only be called project Earth Awaken. These advanced souls would normally avoid a planet such as Earth that is mired in negativity and spiritual ignorance. In fact, many of them are so highly evolved that they would never even have considered coming to this planet at this time. But they are here. They came to help, because of the calling.

We are in the process of transforming this planet from one of very little spiritual awareness to one that is highly evolved – a process that is extremely rare in the cosmos. In fact, this is perhaps the biggest leap in spiritual awareness that a planet has ever undertaken as a complete civilization. This awakening could not happen without help, and that is why the gathering is taking place.

Perhaps I should back up a bit and explain how this calling went out. Sometime around 100,000 years ago, the DNA of humanity on Earth was modified nefariously by extraterrestrials (from my understanding). At that time, humanity was using twelve strands of DNA instead of two. We were literally aware of our divinity and in direct connection with our Creator. In fact, we existed as light beings in 3rd, 4th and 5th

dimensional awareness. This was the time of Lemuria and early Atlantis. It was a period of harmony and utopia.

When our DNA was modified, it severely limited access to our soul and divine connection. It set up a period of spiritual ignorance that has lasted until today. The ramifications have been a long history of war and violence that still continues.

This is going to be hard to believe, but at that time, a plan was put in motion (from my understanding) to repair our DNA. It was recognized then that our twelve strands could not be repaired in a short time. In fact, it was estimated that the process would take approximately 100,000 years. And, it was also recognized that we might fail.

For the first 98,000 years or so, not much changed. Then Jesus came and put in motion the final act. He came to give humanity a push in the right direction. Many of the early Gnostics (Gnosis means knowledge, and a Gnostic is someone who has direct knowledge of God), especially the Cathars, understood what Jesus came to teach. Likewise, many in the East already understood the messages he shared. But as the Catholic Church became dominant, the true teachings were suppressed. Gnostics were frequently killed as heretics, and not a small number were burned at the stake by Catholic inquisitors. The written words of Gnostics were also burned and destroyed. The knowledge of a direct connection with God the Creator languished.

Then in 1987, the Harmonic Convergence occurred, and large numbers of people began to awaken. The final wave began. This is when the volunteers began to appear.

Most of them have stayed out of the public eye doing spiritual work and holistic healing that is raising the vibration of the planet.

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<sup>&</sup>lt;sup>1</sup> A group of Gnostics who lived in Southern France until the 13th century.

What nearly all of the volunteers have in common is that they are Gnostics. They know that their soul exists, and that it provides a divine eternal consciousness that makes them one with God. This knowing makes them unusual and to a large degree outcasts. For, they can't exactly go around telling people that they are literally divinity incarnate. The volunteers are forced to share their awareness and spirituality in ways that are somewhat hidden from the mainstream. This book was written to show how they share their spiritual knowledge and how they are the unknown heroes who are saving this planet. To illustrate the work being done by the volunteers, I describe the journeys of several. These stories are fictional, although some of the details are based on the lives of real volunteers who I have met along the way.

I don't know the exact number of souls who have volunteered to incarnate at this time to help with project Earth Awaken. But the total is in the millions. I do know that I am one of them and a good source to write this book.

\* \* \* \* \*

This book was written for those who have already begun their spiritual journey and are collecting information for their spiritual awareness and spiritual growth. I have made assumptions that you have already been exposed to many metaphysical concepts, such as Gnosticism, reincarnation and ascension. If this is your first metaphysical book, I recommend that you first read *A Stranger from the Past* or *Last of the Gnostics*, two of my earlier books.

My purpose for writing this book is to share information. For this reason, I feel it would be useful to briefly explain what this book is about. The first part is about how we

choose our lives prior to our incarnation. Not only do we choose our lives, but we choose our personalities and traits. These are chosen for a specific purpose so that we can accomplish our life's goal. Quite often we go astray from accomplishing our goal, and I will demonstrate how that can happen and will show you how we can get back on our desired path.

The second part of the book attempts to reveal the near future and what we can expect. And the final part of the book – actually the last chapter – is about ascension. I strongly believe that we are living in a time of wonder, during which people will literally ascend to a higher dimension. One day someone you know will be here, and the next they will be gone. They will literally disappear. So, while you may think you are reading fiction, I think most of this book is closer to non-fiction.

One final point about ascension. The scenario that I use in the last chapter is food for thought. No one can know exactly how ascension will unfold, and I am sure that I do not know. I provide you with one possibility and you can use your imagination for what you expect. I do believe that a New Earth exists as a 5th dimensional planet, and that many of us will end up there.

Don Durrett 3/25/2013

#### **Chapter One – It Begins**

Sampson appeared before Mestos. Immediately Mestos could read Sampson's energy and knew something was amiss. He waited for Sampson to convey the issue. They did not speak, but instead used telepathy. Their bodies were made of light and radiated a translucent energy. Both wore white flowing robes, but these were an illusion. Nothing on this plane of reality was physically real. Everything was made of energy and easily created with the mind.

Sampson began communicating directly to Mestos using his mind. "Our fears have manifested. The DNA has been manipulated on Earth. They have lost their conscious connection to their soul. Only two strands are now active."

Mestos did not reply, but merely nodded in contemplation. He had known this outcome was likely and had been planning for it.

"Mestos, as we are both aware, the most likely outcome is that they will destroy their planet."

"Sampson, we must do everything that we can to prevent that."

"How do you want to proceed?"

"We can help them to restore their DNA to twelve strands, which will restore

their conscious connection to their soul. That is the only way to save Earth's civilization from destroying themselves."

Sampson was stunned. "The entire civilization? How can it be done?"

"By raising the vibration of the planet. We will use the same method we have always used. We will infiltrate the planet with advanced souls who can impact humanity and raise the vibration."

"How long will it take?"

"I have projected the possibilities and, considering free will, it will take about 100,000 years."

Sampson sighed. "That is going to be very difficult. Do you think we can succeed?"

"Yes, that is our only option."

"Mestos, this will require an enormous effort and millions of volunteers. I can't think of a project of this magnitude ever attempted."

"Nor I, Sampson. But if we don't succeed, they will destroy their civilization. We can't allow that outcome. It will impact the entire universe."

Sampson did not reply as he contemplated what needed to be done.

Mestos had already decided a plan of action. "Form a council to construct a plan to restore their DNA. I will give you my input after I study the future timelines in more detail."

Sampson nodded, and then his etheric body slowly disappeared.

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Mestos and Sampson were discarnate souls who existed on the 9th dimension. To say they were advanced souls would be an understatement. At this level of existence, the souls were literally gods. They did not have a leader at this level, but if there was one, Mestos would probably be it.

At this level, their lives were spent helping to create and manage universes. It was a complicated job because of the existence of free will. These souls had to decide and determine how they would intercede in the creation and evolution of life itself.

In some respects, they were consultants, giving advice to less evolved souls who were pursuing creation. But they were also auditors, who oversaw the various universes for disharmonious events and choices. It was their job to prevent problems from escalating or impacting others. The Creator could always intercede, but these souls were given the opportunity to use their creativity to harmonize the universes.

In essence, the less evolved souls tended to create a mess using their free will. The Creator would step in and hit the reset button if events got out of hand. The beings on the 9th dimension of existence were the buffer group who could help a civilization from destroying themselves. In other words, the Creator did not leave us without any help for finding our way. Each incarnated soul had at least one spirit guide, along with a higher self, to help them navigate through life. In addition to this, there were many other discarnate helpers and guides who helped civilizations find their way.

\* \* \* \* \*

Sampson arranged a council. It consisted of twelve discarnate beings, all of whom existed on the 9th dimension. These were the elite: the most evolved and distinguished he

could find. They had all been informed of the purpose of the council and the events that had taken place on Earth.

They sat at a circular table. It was manifested instantly to seat twelve people.

They all wore similarly manifested robes, which appeared translucent if you looked closely. Mestos opened the meeting using telepathy. "Welcome, and thank you for coming. What we are undertaking has never been done before, but I think it is our only choice."

He stopped and waited to see if anyone disagreed with this course of action.

"Mestos, I think we all agree that this is a noble undertaking and we would like to see it succeed. However, the magnitude has some of us concerned. The number of generations involved is substantial. This will require thousands and thousands of generations."

Mestos nodded. "Indeed, I know what I am asking. We could do nothing and watch as they destroy themselves. Does anyone here really want to do that?"

Mestos waited but there was no reply. "It is agreed we must do something. I think we can succeed in raising their vibration over thousands of generations and then reaching a critical mass of enlightenment."

"What is your plan, Mestos?" One of the souls asked using telepathy, their only form of speaking.

"It is simple. It is the same plan we have used successfully many times before. We infiltrate the planet with evolved souls who impact society through sharing their spiritual awareness."

"But Mestos, we have never tried to do this before to an entire planet. To change

their DNA, they will have to raise their vibration significantly. You will need at least five percent of the planet to become enlightened, and maybe more to reach critical mass."

"We have done it several times on a smaller scale," Mestos replied. "There is no difference. It will just take a lot of persistence, and lot of effort."

Again there was silence.

Mestos was asking them to try something that had never been tried before. They had to agree with his logic: it was possible. No one could make a concrete argument that it was impossible. It was just the magnitude that had them concerned. The degree of work and the time required would both be enormous.

"Mestos, I know we have all thought of this, but I think it should be stated. To raise the vibration to the level required to restore their twelve strands of DNA is nearly impossible. Humans with only two strands of DNA find it extremely difficult to connect with Source and become enlightened. It is going take thousands and thousands of years to raise the vibration of the planet. To reach even one percent of the population as enlightened will take thousands of years."

Mestos nodded. "It will take 98,000 years by my estimation for one percent to become enlightened. Initially we will not have much success. However, once we reach one percent we can begin to make progress. At that point, we can send a Christ figure who will propel awareness forward. My projections are that once the Christ figure appears, it will only take another 2,000 years to reach critical mass. In fact, once we get to two percent, we can have a harmonic convergence and send rays of love to the planet. This will help activate dormant parts of their DNA and awaken many more souls. At that time, we can send a cadre of volunteers who can make steady progress towards our goal."

After Mestos stopped, the energy in the room changed. All of the twelve beings became excited and glowed a brighter hue from their confidence.

"A Christ figure?" one of the beings asked. "What religion are you thinking of using?"

"There are a few scenarios to consider. I've checked many timelines and the most likely is that he will create a new religion. We have a lot of time before we have to decide. We need to wait and see how the first 98,000 years unfold."

The other eleven beings nodded in agreement. Their nods signified that they agreed with Mestos' plan.

"If this works, Mestos," said a member of the council, "many of them will ascend to the 5th dimension. And if they ascend together as a group, this event could manifest a new Earth."

Mestos nodded. "That is the preferred outcome, and the one I'm hoping we achieve. Once enough souls attain enlightenment the planet will reach a critical mass, whereby they can ascend as a group. From my projections, I think that as many as two hundred million souls could ascend if we are successful. Most of them will ascend together in the first wave."

There was silence as everyone contemplated the possibility. This had never happened before on such a large scale, but it was possible. And if it worked, it would be a most wondrous event. They realized that it was something that they should at least attempt.

"I think we are ready to proceed," Mestos said.

No one replied, which signified a yes response from the council. Mestos' body

quickly disappeared and the council dispersed.

\* \* \* \* \*

Approximately ninety-eight thousand Earth years later – which to them was like a blink of an eye – the same council sat around another circular table. It was exactly the same group, and if you asked them how long it had been since their last meeting they could not tell you, because the concept of time works differently on the spiritual dimensions. It is as though everything happens simultaneously. Souls on these higher planes select the timeframe in which to meet. Sometimes they meet without any timeframe at all – outside of chronological time.

Mestos was wearing a golden-colored robe. It had long sleeves and nearly covered his entire body, from his neck down to his feet. He face was humanoid, although his eyes were larger and his nose and ears were much smaller than those of typical humans. He also lacked any body hair. They did not eat food on this plane of existence, so his mouth and thin lips were only for show. The others also had humanoid faces and wore similar manifested apparel.

"Our plan has gone well," Mestos began, "and it is time to progress further. Now is the time to put everything in motion for the final outcome. I propose that we send Sananda to Earth to be the Christ figure. There is a highly evolved family in Judaea who have already incarnated to help him.

"His grandmother, Anna, has had several children who will make his goal obtainable. Anna's oldest son, Joseph of Arimathea, is highly evolved and is ready to

help. Joseph has a shipping business and is highly successful and respected. He will be Sananda's mentor and guardian. Anna, who will be his grandmother, and Mary, Sananda's mother, are also highly evolved. In fact, we have sent several evolved souls to be part of this family, including his cousin John the Baptist, who will play a pivotal role.

"They are all Essenes and Gnostics.<sup>2</sup> The local religion is Jewish, which they will break away from and form a new religion, which will become known as Christianity."

Mestos stopped and waited for the first response.

"What will be Sananda's incarnate name?"

"Yeshua Ben Joseph, from the house of David. He will have royal blood. After he is crucified, he will be known historically as Jesus."

"How much of Sananda's soul will be infused into his body?"

"About half."

The room was quiet but the agitation and intrigue was palpable for all to feel. Everyone in the room was aware of the magnitude of this decision. Sananda was already an ascended master, so to incarnate with that much of his soul would be like bringing a god down to Earth. His abilities would be superhuman.

"Mestos, I don't want to question your judgment, but I need to state what we are all thinking. First, you put in motion this plan to raise the vibration of the planet to the point where civilization could regenerate their DNA to twelve strands. Now you are asking us to put an ascended master on Earth whom very few will comprehend."

"Sananda is going to bring love to the planet," Mestos replied. "His mission will

<sup>&</sup>lt;sup>2</sup> The definition of a Gnostic is simple: a direct connection to God. Gnosis means knowledge, and a Gnostic has direct knowledge of God. A true Gnostic lives by knowing and not by faith. Thus, a Gnostic does not get his or her beliefs from a doctrine or a book. Instead, their beliefs come from within and from experience. A Gnostic develops their own belief system and follows their own spiritual path. There are no formal churches or ministers for this group, although it is not uncommon for some to attend a local Christian or Unitarian Church.

not be to succeed during his lifetime. For this reason, initially very few people will comprehend his teachings. In fact, they will get most of it wrong. The religion that will arise will be based on many fallacies and falsehoods. Jesus' teachings will be manipulated and misinterpreted by the leaders of the Christian Church for power and control. The beliefs of this new Christian religion will be so counter to the truth that over time it will become more and more apparent that they are not based on the original teachings. However, we will keep his true teachings alive and they will eventually supersede Christianity. This will take approximately 2,000 years."

There was silence as everyone contemplated this plan.

"Mestos, that is brilliant," one of the council members said. "Since civilization will not be ready for Yeshua's true teachings, we ensure that they are not lost. With our guidance and volunteers, we will keep his true teachings alive to a small group of people. These volunteers and Gnostics will keep this knowledge alive until everyone is ready."

Mestos nodded. "Then after about 2,000 years, we bring his true teachings back and reveal the truth. Everyone will recognize that his true teachings were there all along, but that the Christian Church had undermined and hid the truth. There will be a mass exodus away from the false teachings of the Church to the true teachings of Christ."

Mestos stopped and scanned the table.

"Mestos, I think I can speak for everyone and say this is an excellent plan. We support you and will do what is necessary."

The rest of the souls on the council nodded in unison.

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A short time later, Mestos and Sampson met to begin planning.

"Sampson, I need you to begin sending more volunteers to Judaea. We need to create several Gnostic groups that will keep his message alive. After Yeshua is crucified it is important that his true message does not die. It can die out after a period of time as long as it is enmeshed in history. We can bring it back to life a few decades before the final objective."

"What about Christianity? Do we need volunteers for that?"

"Not very many," Mestos replied. "Christianity will evolve on its own. It will be more of a political religion than a spiritual one."

Sampson nodded. "I will work closely with the volunteers and their spirit guides to begin planning."

Mestos nodded his approval. I say 'his', but souls did not have a gender at this level of existence.

"I will plan out thousands of lives who will incarnate as members of these various Gnostic groups. How many years should these groups exist?"

Mestos hesitated. "Let the team use their creativity. There should only be about a dozen groups and most of them should die out shortly after Yeshua's crucifixion. They can let perhaps three groups linger for at least a thousand years. At some point, the new Christianity will wipe out the last Gnostic groups. Make sure that the last group has a very strong connection to Yeshua's family. Perhaps make them descendants of Mary Magdalene. She should be a central character in this final group, because of her connection to the divine feminine. I would like this last group to be highly respected martyrs, who are the epitome of Gnostic spirituality."

Sampson nodded. "I understand. That won't be difficult to engineer. I think

Southern France would be a good location. We can send Mary Magdalene there after

Jesus' crucifixion. We can tie this group closely to both Mary Magdalene and Jesus' true

Gnostic teachings. This way people will have a group that they can connect back to Jesus.

I will make sure there are enough volunteers to maintain their history. When we get close to the culmination of Earth's awakening, there will be plenty of history to link this

Gnostic group back to Jesus. The historical record will not be lost."

"That sounds perfect, Sampson. For there to be an awakening, people will need to believe that Jesus taught Gnostic spirituality. There needs to be a strong historical record to this last Gnostic group. Have them last as long as possible, perhaps until the 13th century. If they get influential enough, it's possible they will be wiped out by the Catholic Church in a holy crusade. I like the idea of linking them strongly to Mary Magdalene in Southern France. Make sure that their teachings are true. That is critical. Their truth should reveal Jesus' true message. Then as the truth of Gnosticism becomes more and more known, this knowledge of a oneness with mankind and a direct link with God will be sought out and cherished. The awakening will start slowly, but then it will gather momentum as the truth spreads."

"It's a beautiful plan, Mestos. After individualism and materialism begin to falter, people will begin to look for something new. Not just socially and economically, but also spiritually. They will inevitably seek out the truth of their existence. At that time, we will provide a trail back to Jesus and the Gnostics, and people will finally be able to let go of their false beliefs of separation and mortality. They will awaken to the truth."

Mestos smiled. "Yes, just make sure that the trail back to the Gnostics is strong.

Don't make it too difficult for the volunteers – the trail blazers – to recognize what the Gnostics left behind. We want Gnosticism to be alive and vibrant when materialism begins to falter. Then the trail blazers can lead the people out of darkness – false beliefs – and into the light – the truth."

Sampson nodded. "We can awaken people one at a time. It will be a slow process, but it is achievable."

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A short time later, Sampson convened the council to solidify the plan of Jesus' life and the events that were to play out. They would utilize several advanced souls who would incarnate at the time of Jesus and shortly after to organize Gnostic groups. The two key figures were Mary Magdalene and John the Baptist. Mary would travel to France and establish what would become the Cathars, the most influential Gnostic group. The Cathars would eventually be murdered by the Catholic Church during the Albigensian Crusade from 1209 to 1229 in Southern France. Their history would mostly be forgotten and lost until the 20th century, when the embers would come back to life.

The followers of John the Baptist would give rise to many secret Gnostic groups. None of them would be clearly linked to John, but his influence would be quite strong. It was these secret groups that kept Gnosticism alive throughout the Middle Ages and the Renaissance. The Knights Templar, Freemasons and Rosicrucians are good examples of these secretive Gnostic groups. These groups never shared their beliefs with the public for a variety of reasons, but they were able to keep the beliefs alive.

Most of the Gnostics who carried forward the message did so as individuals.

These were advanced soul volunteers who were sent to keep the beliefs alive. Many of these people were from India, although there were some from Europe and other parts of the world. The truth was not allowed to die, even though it could not easily be shared with the mainstream populace. It was to be hidden and kept out of sight.

Towards the end of individualism and materialism, many of the early Gnostic writings would come back to life. They would be hidden in caves for more than a thousand years, and then be found when the time was right. These writings would contradict the New Testament in many ways, and reveal Gnostic teachings attributed to Jesus that were not in the New Testament. For instance, there would be a Gospel of Mary based on Mary Magdalene that was clearly Gnostic. There would be many different Gnostic gospels found, such as the Nag Hammadi scrolls. It would be known that these gospels existed at the time the New Testament was written, and were not only systematically rejected, but deemed heretical and destroyed.

People would come to ask the important question: why were these gospels purged if they were clearly written by Jesus' disciples? And why were the Gnostic versions all rejected? Could it have something to do with the fact that the Gnostics were largely non-religious people who sought to have a *direct* relationship with God? For instance, what is the point of having a church or going to church, if you can have this relationship at home? This is the reason why the Cathars never built a church.

#### **Chapter Two – The Volunteers**

Gabe was born on April 2, 1960 in Perth, Australia. This made him an Aries and a Six of Spades.<sup>3</sup> If you added up the digits of his birthday it came to 22 (4 + 2 + 1 + 9 + 6), which translates to a life path of four. He was a third-level old soul.

Like most of the volunteers, Gabe was considered unusual by those around him. He never felt he fit in with society, and knew at an early age that he was a stranger in a strange land. He knew that his soul existed and was much more than his physical body. He began having out of body experiences at seven years of age, as well as communication with his spirit guides.

As an Aries he was an initiator and had a lot of energy. He also was a Libra rising, which inspired him to read incessantly. By the time he was eighteen, he knew more than most college professors. But his knowledge was mostly esoteric in nature. He knew how life worked and its meaning.

As a Six of Spades, his life was fated. It is the perfect card for those with a mission to accomplish. For those with this birth card, all they need do is stay on the path and life will unfold magically. In fact, those who are a Six of Spades typically are closely

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 $<sup>^3</sup>$  1 = Ace of Hearts, 13 = King of Hearts, 14 = Ace of Clubs, 26 = King of Clubs, 27 = Ace of Diamonds, 39 = King of Diamonds, 40 = Ace of Spades, 52 = King of Spades. To calculate your card, multiply your month x 2, add the day, then subtract from 55. For instance, my birthday is March 18th. 3 x 2 = 6 + 18 = 24. 55 - 24 = 31. 31 = 5 of Diamonds.

connected to their past lives. What they have prepared for is now manifested in this lifetime. Often they have fewer choices and less freedom and are destined to follow the path that was put into motion in a previous life. <sup>4</sup> This was the case with Gabe.

Gabe came into this life with only one objective, and that was to raise the vibration of the planet. In his recent previous lives, he had been doing this as part of a team. They would infiltrate planets that needed to progress and they would incarnate and help with that progression. In many respects, he was a teacher, a teacher of how to live life in the most harmonious way.

Six of Spades can be very powerful if they align themselves with the higher good. They have so much help from the other side (spiritual dimensions) that nothing can get in their way. However, because of this close connection to the other side, they can be stubborn in fulfilling their mission. This single-mindedness usually creates problems for the Six of Spades when it comes to relationships and romance, as they have a hard time giving up their freedom and can seem obsessed by the desire to accomplish their objectives.5

Gabe was indeed a powerful person, and in many respects he was obsessed by his objectives. His relationships were a disaster and he was currently single. His problem was that his desire for a relationship was not strong enough to overcome his obsession with helping the planet to evolve.

Being a 22/4 lifepath, his goal in life was to use cooperation, responsibility and teamwork to create a secure and stable foundation. He was here to be part of a team and to work in cooperation in creating a new civilization. When you combine that with a Six

Love Cards, Robert Camp, Sourcebooks Inc., 2004, p. 132.
 Ibid.

<sup>&</sup>lt;sup>6</sup> The Life You Were Born To Live, Dan Millman, H J Kramer, 1993, p. 196.

of Spades, you are going to get someone who is obsessed with their goal. And then when you combine that with an Aries with Libra rising, you are going to get someone with inexhaustible energy, plus a reading and knowledge fetish.

There are some additional positive characteristics from being a 22/4, and this is where Gabe shined. Remember, he was a third-level old soul and had lived many lives as a spiritual teacher. Those on a 22/4 lifepath can only achieve their goals using cooperation and teamwork. In other words, he could not use arrogance or pushiness to achieve his goals. He had to be empathetic and understanding, and work in cooperation with others to help the planet raise its vibration.

The 22 is a double 2, which is partnership and relationships. While Gabe had trouble with romantic relationships due to his tendency, as a Six of Spades, toward obsessiveness, he was able to form other types of relationships that helped him accomplish his goal. He became a Life Coach and helped people to improve their lives. Being a 22 was a perfect number for his profession. He could quickly form very good relationships with his clients.

Also, 22s can accomplish anything they set out to do. So when you have someone who is a 22 with a Six of Spades, and is also third-level old soul, you have a dynamo.

And that was Gabe. He loved his job and woke up each morning with a smile on his face, ready to go. Every client was different, but they all wanted the same thing: a better life.

There was something wrong or lacking in their lives and they couldn't fix it on their own.

Most of Gabe's clients found him from his website, but he also posted flyers around town. He had been doing this for twenty years, so many of his customers were either repeat customers or heard about him from a friend.

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On this day, Gabe was coaching someone new. They were going to spend the entire day together. Gabe called this an intensive, which he offered to spiritual students – those who wanted to get closer to their soul and become more spiritually aware.

They would spend the first two hours at Gabe's house doing a life between life (LBL) regression, and learning how to prepare for each day. Then they would have a sound balancing, followed by a trip to a sacred site near Perth called the Pinnacles.

Gabe sat Juliet in the comfortable leather chair that he used for his life between life (LBL) regressions. This was in one of his three bedrooms, which was specifically used for regressions. The room was full of crystals and new-age paraphernalia, including a Buddha, an ankh symbol, several fairies and angels, a mandala, and pictures of both Jesus and Mary Magdalene. The door was shut and the lights were dimmed, creating a very dark atmosphere. Candles and incense were burning.

Gabe used his standard procedure to regress Juliet. His objective was to connect to her higher self and find out what Juliet was trying to achieve in this lifetime.

"Go to the time of preparation for this lifetime. Go to the time when you are planning for this lifetime and what you are going achieve.... Describe where you are."

Gabe waited.

"I am in a room with one of my guides. This is where we usually meet. I think the room is made out of crystal. It seems like glass, but I know it is stone. I can't see through it, so it must be very thick. There is nothing on the walls and there are no doors, which seems odd. We are alone, but I can sense others who are near by. They might not be in

the next room, but they are not far away.

"My guide is highly evolved and has been helping me to accomplish what I need. He is standing in front of me wearing his usual white robe. He is telling me that I need to go to Earth to help during the transition. I am going to be a woman who raises two exceptional girls. They will become strong women who help humanity to evolve. It is my responsibility to make sure that I am a good mother and that I sacrifice my needs and my ego in support of my children. He says that my children must be my priority, and that by focusing on raising them, it will bring me closer to God.

"My horoscope, numerology and energy patterns will all be determined prior to my birth. This will be the same for my two girls. We will be given what we need to accomplish our goals, including experienced spirit guides. We are all old souls and will be Spades for this incarnation. My girls will both be Aquarians only a year apart. I will be a Cancer, born in July, with strong motherly tendencies.

"I am to learn metaphysics and teach it to my children. They in turn will teach it to humanity. It is possible I will be a single mother, because all of my focus will be on my children. They will be all I care about."

The regression lasted about thirty minutes, and Juliet was conscious throughout. She remembered it as if it were a normal experience.

After Gabe ended the regression and brought her consciousness fully back to the room, Juliet was visibly shaken. "Oh my God! That is why I am here today. My little girls are all I care about. I know I need to do something for them. And my marriage has been a shambles for more than a year now. It is on the verge of ending."

Gabe had heard this many times from his clients. "Not all marriages are meant to